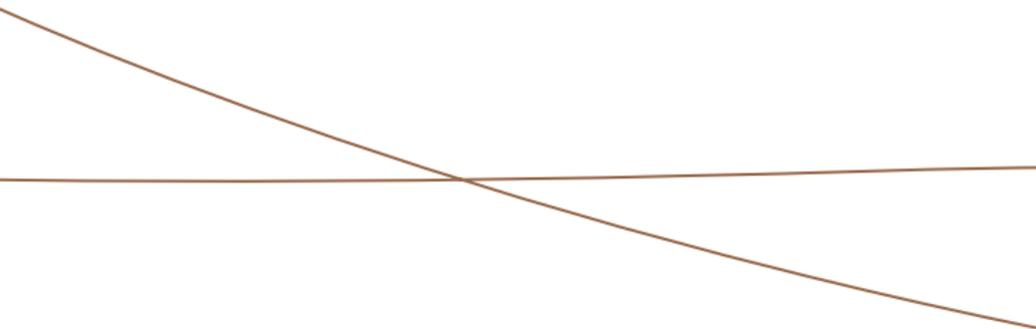




SAHRA

SPA & HAMMAM



## SAHRA SPA & HAMMAM

Inspired by the desert's ever-expanding canopy of sky, mystifying sand sculptures, and enchanting, moonlit nights—Sahra changes perspectives, opening the window to a world of unique experiences.

Seemingly simple yet wonderfully complex, we draw from the desert's unexpected depth and beauty, unanticipated life, and profound strength. We believe the desert's striking contrasts—exhilarating intensity embraced by ageless stillness and peace—create a path to balance, clarity and calm.

### WHAT IS SAHRA?

**Enter and discover a truly unique experience.**

A true oasis, Sahra could rise only from the desert. Breathtaking natural walls mirror poetic slot canyons. Veins of silver thread throughout and silver ceilings mimic nights lit by moon and stars.

**Long, dramatic hallways lead to experiences no less powerful.**

Sink into the Space Between, a serenity lounge where falling waters are heard and absolute calm settles in a dramatic, soul-soaring atmosphere.

**A monsoon cave rains serenity.**

The steam room gets reimaged, unveiling a cool micromist. Bask on a giant stone slab, heated from within as if by an eternal sun. This motherstone is the center of our signature Hammam room and treatments.

### SPA FACILITY

As a guest of Sahra Spa & Hammam, you are invited to enjoy everything our spa facility has to offer, including our state-of-the-art fitness center. Experience an invigorating vitality pool with experiential monsoon rain showers, steam room, sauna and cool mist room experience prior to and after your services. Minimum service of \$95 required for complimentary day spa or fitness access.

**Mon - Thur | \$45**

**Fri & Sun | \$55**

Saturday reserved for guests with treatments only.

## HAMMAM

Our ritual space is a modern homage to a centuries-old practice of purification and renewal. The Hammam combines body detoxification and steam treatments amidst the heated motherstone with two soaking tubs, steam rooms and stone loungers.

### Moroccan Journey

Indulge in our most decadent ritual that transports you to exotic Marrakesh where you will unwind in privacy while indulging in the radiant heat of the Hammam. Enjoy a luxurious cleansing experience with black neroli soap followed by a dual exfoliation including a traditional kese mitt body buffing and soothing shea butter bamboo scrub. Receive the detoxifying benefits of a rhassoul mud masque and moisturize with a kalahari melon hydrator. Throughout the experience, guests will be enveloped in our eucalyptus steam room and relax while immersed in a large soaking tub. Emerge radiant and renewed with a full body Sahra Signature Massage.

**130 minutes | \$480**

### Red Flower Hammam Experience

A fragrant ritual of heat, steam, massage, detoxification and relaxation. Eleven flower oils and fruit essences are imparted upon the body. Begin on the warm stone while basins of relaxing water are poured over the body. A vigorous Coffee Lemon Blossom Olive Stone Scrub is applied followed by a purifying Jasmine Rose Rhassoul Clay and Cardamom Amber Oil application.

**80 minutes | \$300**

### Hammam Soap Ritual

A luxurious body buff using a traditional Turkish Kese Mitt prepares your skin for hydrating suds that awaken every cell on your body. A detoxifying steam and quenching Tangerine Fig Butter moisturizer culminate this authentic experience.

**50 minutes | \$185**

## MASSAGE

### Sahra Desert Aromatherapy Massage

Journey into absolute calm as pure desert inspired essential oils rain along your feet and spine, bringing you closer to detoxification and renewal. Allow one of our highly trained therapists to soothe away any remaining tension with a harmonizing and personalized body work sequence.

**80 minutes | \$270**

### Sahra Therapeutic Stone Massage

Skilled hands gracefully transition into perfectly warmed smooth stones with this therapy, based upon native Hawaiian healing principals.

**80 minutes | \$270**

**100 minutes | \$385**

### Mana Lomi Massage

Mana Lomi is based on Hawaiian healing concepts of working with the body, mind and spirit. It is hands on healing that is deep and powerful, yet soothing, giving immediate and long-term results.

**80 Minutes | \$260**

**100 Minutes | \$375**

### Sahra Signature Massage

Inspired by the very best of the world's modalities, our signature massage infuses Thai, Swedish, and Shiatsu techniques for a one-of-a-kind experience that energizes you for whatever lies ahead.

**50 minutes | \$180**

**80 minutes | \$255**

**100 minutes | \$370**

### Essential Massage

Perfectly executed and adapted to your needs, this massage ranges from a soothing touch to deep tissue as your body dictates.

**50 minutes | \$160**

**80 minutes | \$235**

**100 minutes | \$330**

### Balance & Harmony Massage

Achieve relaxation and summon total balance with a unique blend of stone massage and Swedish techniques.

**50 minutes | \$170**

**80 minutes | \$245**

**100 minutes | \$350**

### Massage Enhancements

Elevate your massage experience with one of our sensory enhancements. These can include a rejuvenating body scrub, pure essential oil blend or muscle cooling gel application.

## GENTLEMEN'S COLLECTION

### Gentlemen's Soak

A combination of aromatic pure essential oils have been hand selected to target specific muscle groups commonly found in overworked or athletic gentlemen. Begin with a vigorous salt scrub to buff and condition the skin, followed by a private soak to loosen tight muscles, and completed with an application of muscle relief gel on targeted problem areas.

**50 minutes | \$170**

**80 minutes | \$245**

### Muscle Soothing Massage

De-stress and restore the body with a firm to deep tissue massage, fully customizable to your liking. A potent blend of peppermint, basil and clary sage pure essential oils will relax your body, calm the mind, and transport you to the deepest state of relaxation.

**50 minutes | \$180**

**80 minutes | \$255**

**100 minutes | \$370**

### Men's Luxe Facial

This ultimate men's facial treatment begins with a deep cleanse of the pores using HydraFacial's patented technology. Designed to address the problematic areas that often result from shaving and sun exposure, an Intraceuticals calming serum is misted onto the skin through pure oxygen. Emerge fresh faced and revitalized.

**50 minutes | \$225**

## PRENATAL

### Massage

Treat yourself to a nurturing Swedish massage designed to meet the needs of the expectant mother in her second or third trimester. A prenatal body support system is used to ensure a comfortable and luxurious experience.

**50 minutes | \$160**

### Facial

Specially selected natural ingredients will detoxify and illuminate skin contending with hormonal imbalances during any stage of the prenatal term, while skilled hands melt away tension in the face, neck and hands. Mommy-to-be emerges blissfully relaxed with a glowing complexion.

**50 minutes | \$160**

## SKIN CARE

### **Decadent. Youth. Glow.**

Exclusive to Sahra Spa & Hammam, the revolutionary ultimate age reversal fuses three of the industries most coveted technologies - HydraFacial, Intraceuticals and NuFace Microcurrent - into one innovative treatment. Begin with an exfoliation and simultaneous infusion of Hydrafacial serums and conclude with methodical infusion of anti-aging ingredients delivered through hyperbaric oxygen. Results are undeniable and immediate.

**80 minutes | \$435**

### **HYDRAFACIAL™**

Immediately reduce the look of fine lines, acne, hyperpigmentation, congestion and uneven skin tone with HydraFacial's patented technology. Revive your skin with a gentle yet effective exfoliation and pore cleanse while simultaneously pushing active ingredients deep into the epidermis.

**25 minutes | \$135**

**50 minutes | \$255**

**80 minutes | \$335**

### **Intraceuticals® Oxygen Radiance Facial**

Breathe deeply and without pause while oxygen works to deliver hyaluronic acid and custom anti-aging active ingredients deep into the skin's structural layers. Treatment incorporates patented technology and a methodical layering technique to achieve deep hydration and a lustrous glow.

**25 minutes | \$105**

**50 minutes | \$225**

**80 minutes | \$295**

### **Luxury Lift**

Inhale deeply, notice the fresh scents of kiwi and cranberry as their antioxidant properties hydrate and brighten the skin. As you begin to drift away, a hand-whipped mask gradually tightens on skin, firming and restoring youthful contours.

**50 minutes | \$180**

**80 minutes | \$255**

### **Essential Facial**

Detoxify, relieve, replenish and enjoy the result. Any skin will benefit—now and over time—from treatment delivered according to your needs. Customized products are selected to complement complexion, expel impurities and restore a vital radiance.

**50 minutes | \$160**

**80 minutes | \$235**

### **Original Eco-Beauty Facial**

This ultimate eco-luxury relaxation treatment is designed to improve the health and beauty of the skin using all-vegan, natural, and organic ingredients. A multi-tasking, clay exfoliator infused with bamboo, rose petals and rose quartz from the French Alps detoxifies and decongests surface debris from the skin. Instantly hydrate and plump your skin with a Kalahari melon cooling collagen mask application, while your aesthetician provides a soothing neck and shoulder massage.

**50 minutes | \$225**

**80 minutes | \$295**

### **EYGLÓ: Advanced EGF Skin Imprinting Facial**

Icelandic for “eternal glow,” this is the first facial treatment of its kind to incorporate bio-identical cellular activators produced in a plant. BIOEFFECT® skin care products contain Nobel Prize winning EGF (Epidermal Growth Factor), which are a natural and important part of the communication network within our skin. This one-of-a-kind experience delivers the EGF signal to target cells (known as “imprinting”) in the skin which are able improve the skin’s thickness, density, texture and firmness.

**50 minutes | \$200**

### **Fire & Ice Facial**

The juxtaposition of hot and cold tantalizes the senses throughout this treatment creating a sensory experience with stunning results. A gently warming glycolic enzyme melts away fine lines, wrinkles and pigmentation. As fresh new skin cells are revealed, they are plumped with a hyaluronic acid mask and corrective anti-aging serums.

**50 minutes | \$200**

### **Facial Enhancements**

Maximize your facial experience by adding one of our targeted enhancements. These can include a hydrating eye or exfoliating lip treatment, specialized masque, oxygen finish to restore youthful skin, and NuFace Microcurrent to lift and contour.

## BODY SERVICES

### Far East Renewal

An energizing and vitalizing body treatment founded on the principle of stimulating blood flow through the body by blending layers of exceptional ingredients and pure scents deeply into the skin. Sea algae, concentrated silk, rice bran, bamboo sap and plum wine leave skin energized and softened. Finish with a customized massage created to release the flow of vital energy in the body.

**80 minutes | \$265**

### Moonflower Ritual

Deeply restore skin depleted by sun or circumstances. Jasmine Rose clay envelopes the body as a precursor to a relaxing full body massage with Moonflower Oil encouraging circulation, hydration and firmer skin.

**80 minutes | \$255**

### Illuminating Body Peel

Rejuvenate with a delicately applied blend of fruit, salicylic, and AHA acids to reveal youthful, brilliant skin. This full body recovery is complemented with a soothing facial massage to promote deep relaxation and an overall renewed sense of clarity. An Orange Blossom Moisturizer application will leave the skin healthy and glowing.

**50 minutes | \$175**

## BATHS

### Red Flower Bathing Ritual

Reveal a fresher skin and spirit that feels vitally renewed. Red Flower's Lemon Coffee Blossom Olive Stone Scrub invigorates while exfoliating inch by inch. Then, a soothing soak in the Moroccan Mint Tea Silt Purifier prepares the body to receive a finishing touch of silken hydration from Cardamom Amber Oil and Tangerine Fig Butter.

**50 minutes - scrub, soak, moisturizer | \$180**

**80 minutes - scrub, soak, massage | \$255**

### Detoxifying Bath

A powerful blend of pure essential oils including basil, clary sage and peppermint reduces fluid retention, restarts circulation and moves the toxins that can manifest as cellulite.

**50 minutes - scrub, soak, moisturizer | \$170**

**80 minutes - scrub, soak, massage | \$245**

### Tension Relief Bath

Calm and restore the body with a fusion of lavender, blue tansy, frankincense, sage and cedarwood pure essential oils targeted at sore muscles and tight joints.

**50 minutes - scrub, soak, moisturizer | \$170**

**80 minutes - scrub, soak, massage | \$245**

### Nourishing Bath

Smooth skin is conjured from milk and honey as fresh ingredients create supple, addictively touchable skin. A hydrating mist locks in moisture to complete the experience.

**50 minutes - scrub, soak, moisturizer | \$170**

**80 minutes - scrub, soak, massage | \$245**

## SAHRA TRANSFORMATIONS

### The Sahra Select

Create your story by selecting two or three of our most popular treatments.

**Select 2 | 100 minutes | \$305**

**Select 3 | 150 minutes | \$435**

#### BODY

- Nourishing Bath - 50 Min
- Illuminating Body Peel - 50 Min

#### MASSAGE

- Essential Massage - 50 Min
- Sensory Escape Massage - 50 Min
- Balance and Harmony - 50 Min

#### FACIAL

- Essential Facial - 50 Min
- Luxury Lift - 50 Min

#### NAIL

- Essential Manicure & Pedicure - 95 Min
- Gentlemen's Manicure & Pedicure - 95 Min

### SAHRA SUITE

Reserved from four hours to a full day, the Sahra Suite is a luxurious retreat for you alone or with your closest friends. The suite combines a well-appointed living and entertaining area with private spa and butler service accommodations. Relax or celebrate with comfortable plush seating, a flat-screen TV, iPod dock and wet bar. Enjoy our services in a private treatment area with two side-by-side whirlpool tubs, a steam room, shower, changing and vanity area.

### SPA SUITES

Designed for two, our spa suites provide a treatment area including a steam shower, deep soaking tub, relaxation space, and a personal vanity area.

## ADDITIONAL INFORMATION

### Spa and Salon Reservations

Local: 702.698.7171

Toll Free: 855-SAHRALV (724.7258)

Location: The Chelsea Tower, Floor 14

Hours: Daily; 7AM - 8PM. First appt. at 8AM

### Arrival

Please arrive 45 minutes before your treatment to relax into all Sahra has to offer. A robe and slippers are provided for your convenience. Cellular phones and electronic devices should be turned off and placed in your private locker.

### Spa & Fitness Center Day Usage

Guests can enjoy our full spa and fitness center with the purchase of any treatment of \$95 or more. Those who wish to use only the spa and fitness center may purchase a pass with the spa concierge.

### Age Requirement

Sahra Spa & Hammam is available to all guests 18 years and older.

### Service Provider Preference

When scheduling your treatments, please let us know if you prefer a male or female therapist or if you have no preference.

### Health Considerations

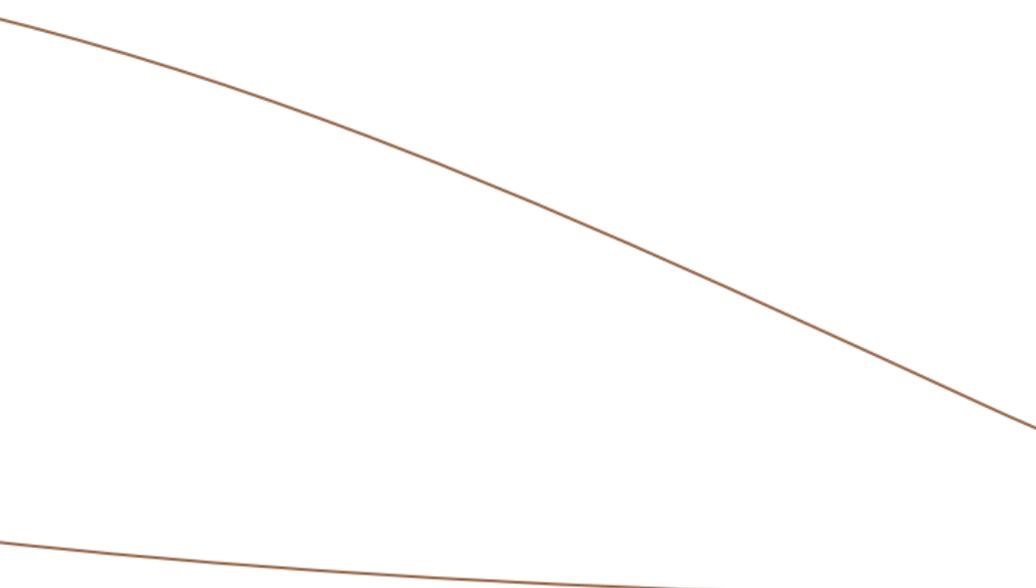
Before partaking in any treatment, please inform us of any medical conditions. This includes pregnancy, sunburn, allergies or special concerns you may have.

### Gratuities

To assist you in showing appreciation for the care you receive at Sahra, a 20% gratuity will be added to your bill. Should you wish to personally thank your therapist with an additional contribution you may arrange for that after your treatment(s).

### Cancellation Requirement

Please give us a four-hour advance notice to avoid being charged-in-full for the price of the service.



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